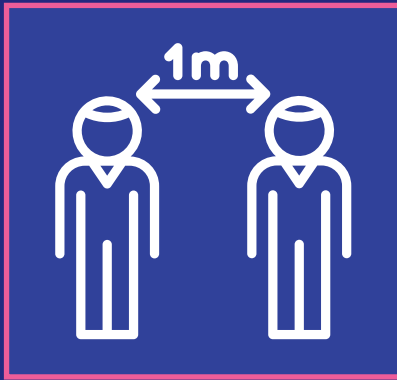


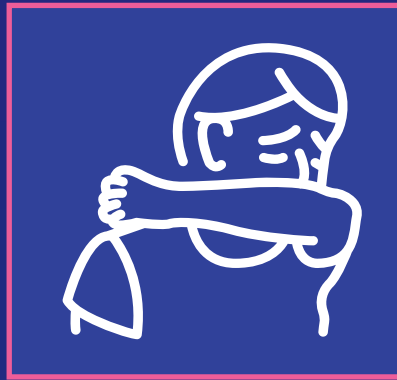
# COVID-19

## NI GUTE TWARUSHAHO KWIRINDA UBWACU, IMIRYANGO YACU N'IMIRYANGO MIGARI TUBARIZWAMO?

Kwirinda nib wo buryo bwiza kuruta ibindi— virusi ishobora gukwirakwira n'ubwo haba ari nta bimenyetso bigaragara. **Ushobora gukumira ikwirakwira ryayo.** Dore amwe mu mabwiriza y'Umuryango mpuzamahanga wita ku buzima (WHO).



SIGA INTERA INGANA NA METERO IMWE HAGATI YAWE N'ABANDI MU KIVUNGE.



KORORA CYANGWA WITSAMURE UKINZEHO AGATAMBARO K'ISUKU CYANGWA UHINE INKOKORA UKINGEHO AKABOKO.



IRINDE GUHANA IBIGANZA CYANGWA GUHOBERANA—AHUBWO GERAGEZA GUPEPERA!



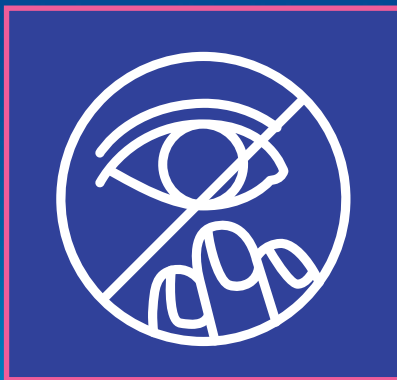
KARABA INTOKI BURI GIHE N'ISABUNE, BYIBURA HAGATI Y'AMASEGONDA 40 NA 60.



KORESHA UMUTI USUKURA INTOKI URIMO ARUKORO INGANA NA 70% CYANGWA IRENGA.



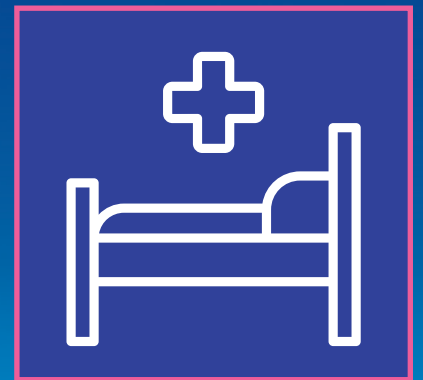
WIJYA MU NAMA ZITARI NGOMBWA.



GERAGEZA KUTIKORA MU GAHANGA, HARIMO AMAZURU, UMUNWA N'AMASO.



SUKURA BURI GIHE AHANTU INTOKI ZIKUNZE GUKORA CYANE NKO KU MIKONO Y'INZUGI, KURI ROBINE Z'AMAZI, KU BIKINISHO BY'ABANA N'AHANDI.



NIBA WUMVA URWAYE, HAMAGARA UMUKOZI USHINZWE UBUZIMA!